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Press release

For immediate release

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**Ometz gets in LE MOOD
on Sunday, November 3rd at Espace Réunion**



Montreal, November 1, 2013 – The 150th anniversary festivities continue this fall, as Ometz takes part in the 3rd edition of LE MOOD, Montreal's festival of unexpected Jewish Learning, Arts and Culture. The all-day event takes place on Sunday, November 3rd at Espace Réunion. As part of LE MOOD's special attractions, Ometz is one of several community partners on-hand to showcase their programs and services:

- From 10 AM to 5 PM, festival attendants are invited to visit the Ometz booth to play SPIN & WIN. Contest participants will spin the Ometz 150th anniversary wheel and learn more about its history by answering some fun skill-testing questions. Contestants' names will be entered in a draw to win great prizes: 1 pair of tickets to see the Montreal Canadiens at the Bell Centre, 2 gift certificates for the Segal Centre, and 2 passes to the YM-YMHA. SPIN & WIN grand prize winners will be announced on November 8th on the Ometz Facebook page.
- From 2 PM to 5 PM, Ometz Career Services Specialist Eva Sokol is offering FREE one-on-one career testing and coaching sessions. Through these 15-minute consultations, participants will take part in various dynamic exercises that will point them in not just one, but many potential career directions that best suit their personality, work ethic and lifestyle. 10 spots are available, and LE MOOD attendants are invited to sign up between 10 AM and 2 PM at the Ometz booth.
- At 7 PM, ProMontreal Entrepreneurs (PME) Coordinator Katherine Korakakis is hosting "How Chutzpah Got Me Where I am Today", a panel discussion featuring young Montreal entrepreneurs Erica Diamond (WomenOnTheFence.com), Ilan Elbaz (The Green Solution), and Ilan Saks (TheFounderProject). This conversation will focus on opportunity recognition, networks, what it takes to go from idea to realization, and how Jewish values play into success in business.

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For more information about LE MOOD and to purchase tickets, please visit www.lemood.ca

About Ometz

Founded in 1863, Ometz celebrates 150 years of providing social services to the Montreal Jewish community, from generation to generation. Ometz is a not-for-profit human services agency which supports and strengthens individuals and families by offering a range of employment, immigration, school and social services. Serving more than 13,000 people annually, Ometz provides intervention, prevention, and support services and programs aimed to enhance quality of life at any stage of the lifecycle. Whether supporting a student who is struggling at school, a family in crisis, an individual coping with mental illness, a person looking for a new career or starting a new life in Montreal, Ometz is responsive to the ever-changing needs of our clientele. To find out more about Ometz, please visit www.ometz.ca

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